

# Menu: Sunday, Aug 10 - Saturday, Aug 16

|                                                 | Sunday                  | Monday                                   | Tuesday                                | Wednesday                                   | Thursday                    | Friday                       | Saturday                       |
|-------------------------------------------------|-------------------------|------------------------------------------|----------------------------------------|---------------------------------------------|-----------------------------|------------------------------|--------------------------------|
| 4                                               | Aug 10                  | Aug 11                                   | Aug 12                                 | Aug 13<br>LUNCH TAKE<br>OUT ONLY            | Aug 14                      | Aug 15                       | Aug 16                         |
| Entrée 1                                        | Breakfast Casserole     | Garlic Herb Roasted Chicken Quarter      | Spaghetti & Meatballs                  | Roasted Turkey Breast w/ Gravy (lunch only) | Guajillo Chicken Enchiladas | Meatloaf                     | Braised Beef Tips              |
| Entrée 2                                        | Lemon Herb Salmon       | BBQ Pulled Pork & Sweet Potato Casserole | Citrus Marinated Pork Loin             | Hungarian Goulash (lunch only)              | Smothered Pork Chop         | King Ranch Chicken Casserole | Chicken Schnitzel              |
| Entrée 3 (lunch only) & Dinner Take-out         |                         | Shrimp Scampi (lunch only)               | Turkey Tortilla Casserole (lunch only) | Chicken Parmesan Casserole (lunch only)     | Shepherd's Pie (lunch only) | Shrimp Etouffe (lunch only)  | Southwest Tilapia (lunch only) |
| Vegetable                                       | Sauteed Kale            | Steamed Corn Kernels                     | Creamed Spinach                        | Sauteed Swiss Chard                         | Green Beans                 | Roasted Zucchini             | Seasoned Carrots               |
| Vegetable                                       | Green Peas              | Zucchini & Tomatoes                      | Roasted Tomatoes                       | Steamed Broccoli                            | Pinto Beans                 | Steamed Cauliflower          | Vegetable Stir Fry             |
| Vegetable                                       | Okra & Tomatoes         | Lemon & Olive Oil Broccoli               | Baby Bok Choy                          | Green Bean Casserole                        | Glazed Carrots              | Braised Green Beans & Bacon  | Broccoli                       |
| Starch                                          | Mashed Potatoes & Gravy | Spaghetti Noodles                        | Vegetable Fried Rice                   | Traditional Stuffing                        | Steamed Rice                | Chive Polenta                | Mushroom Rice Pilaf            |
| Starch                                          | Garlic Rice             | Yukon Gold Mashed Potatoes               | Dijon Roasted Potatoes                 | Mashed Potatoes w/ Gravy                    | Mashed Potatoes & Gravy     | Red Beans & Rice             | Mashed Potatoes & Gravy        |
| Soup                                            | Beef & Orzo Soup        | White Bean Soup                          | Albondigas Soup                        | Coconut Chicken Soup                        | Minestrone                  | New England Clam Chowder     | Cream of Cauliflower           |
| ITEMS BELOW <u>ONLY</u> AVAILABLE AT LUNCH TIME |                         |                                          |                                        |                                             |                             |                              |                                |
| Lunch Salad / Cold                              |                         | Asian Sweet Chili Shrimp Salad           | Asian Sweet Chili Shrimp Salad         | Asian Sweet Chili Shrimp Salad              | Tuna Salad Plate            | Tuna Salad Plate             | Tuna Salad Plate               |
| Lunch Grill Special #1                          |                         | Grill Chicken or Tofu Bahn Mi            | Grill Chicken or Tofu Bahn Mi          | Grill Chicken or Tofu Bahn Mi               | Smash Burger Tacos          | Smash Burger Tacos           | Smash Burger Tacos             |
| Lunch Grill Special #2                          |                         | Baja Fish Tacos                          | Baja Fish Tacos                        | Baja Fish Tacos                             | Bacon Grilled Cheese        | Bacon Grilled Cheese         | Bacon Grilled Cheese           |

✓ - Healthier Options

✓ - Vegetarian

**Aug 11 - 15: Pork Eggrolls with Sweet Chili Sauce, \$6**